Wellbeing Survey 2020 - Home Edition

Webinar for Schools:

School Health and Wellbeing Survey

May–June 2020: Measuring effects of social isolation
School or Home Setting

Full details are on the research team’s website:
https://www.psych.ox.ac.uk/research/schoolmentalhealth
What are the benefits to schools ... 

- Understand the **wellbeing** of pupils in your school
- Access your own anonymous data and compare it to the county average
- Identify any problem areas that could be tackled within school (e.g. online behaviour)
- Identify which protective behaviours could be maximised within school (e.g. sports and support networks)
- Help the local council and clinical commissioning team improve their support services
What are the questions about:

- Some important demographics: age, born in the UK, living situation (parents, others), how many people live at home

- Most of the questions ask about lifestyle (sleep, diet, exercise, online behaviour), wellbeing (mental health for older pupils), safety (and vulnerable behaviours for older pupils), and attitudes to school and learning

- Impact of lockdown: e.g. number of rooms, access to a garden, parents/carers going to work, amount of exercise, changes to wellbeing factors, loneliness, worries about returning to school and impact on education / the future
## What are the links to the survey?
Separate links for different counties
South Gloucestershire/Wiltshire: https://sgl2020home....
Berkshire Oxfordshire: https://oxon2020home....

## How do pupils log in?

<table>
<thead>
<tr>
<th>Field</th>
<th>Input Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please enter your User ID:</td>
<td>1234567</td>
</tr>
<tr>
<td>Please enter your Password:</td>
<td>..........................</td>
</tr>
<tr>
<td>Please enter your Year Group:</td>
<td></td>
</tr>
</tbody>
</table>

Each user ID and password combination works only for specific year groups (4-7, 8-11, 12-13) to ensure that pupils can access only the age-appropriate version of the survey.
Important to know about our Research Ethics:

- Parents need to be given our approved information on the research and be able to contact the research team with questions.

- Parents of pupils under 16 must be given the possibility to ‘opt-out’.

- The school must keep its own record of parental opt-outs, and not send the login details to those children.

- Pupils need to confirm they understand what the survey is about and that they are happy to take part (give ‘active assent’).

- Pupils need to understand that they can stop at any time, and skip any questions that they don’t understand or don’t want to answer.

If they answer ‘no’ to any of these questions, they will be directed out of the survey.
Confidentiality:

• The survey is designed to be **anonymous**. We want pupils to give honest answers, without worrying about being identified.

• We don’t ask questions that will make it possible for us to identify pupils.

• Schools will have access to aggregated data, so that they are not able to identify pupils or other schools.

• Local authorities and their partners will also have access to aggregated data from schools in their county.

• When sharing any individual-level data, we set up data-sharing agreements and will take measures to ensure that the new context will not make any young people identifiable.
Safe-guarding:

- We cannot identify the pupils, but we will review the data weekly to check responses to specific questions, such as ‘how safe do you feel?’
- We will notify schools if anything in the data raises serious concern for the safety of a child or young person, so that they can send out information to pupils in the relevant year group.
- We ask pupils who are worried or have questions to speak to their parents or a trusted adult from school.
- We also provide helpful links at the end of the survey and in the instructions they receive from school, e.g. http://www.childline.org.uk
Emailing login instructions to pupils…. How does that work?

Sign up to take part (county-specific contact details on research team’s webpage)

Receive full instructions by email from the research team or local authority

Plan which dates to run the survey in the relevant year groups

Send approved study information to parents, and keep own record of opt-outs

Send age-matched instructions and logins to pupils (whose parents have not opted out)

This includes:
  - full school instructions;
  - information for parents;
  - a spreadsheet for own record of parental opt-outs;
  - Word documents with age-matched pupil logins

The survey takes about 30 minutes. But pupils need an extra 10 minutes to read instructions and login.

Pupil logins could be forwarded via school email addresses or via school learning platform
Lodeseeker: Online Data Portal by Foster & Brown

- School Experience
  - Instant fingerprint
- Statistics about participation
- Direct access to most popular reports
- Overview of key markers

Overview of key markers

Children and Young People’s Health and Lifestyle Survey

- Total Responses: 2162
- Current Responses: 223

Welcome to Lodeseeker!
This is a summary page of your school details based on the current survey phase selected. If you are a school with more than one phase (primary, secondary, such form) or have previous data you can use Select Survey to find the relevant data.

Reports: these may take a while to run
- School Report (Document)
- Mental Health and Wellbeing RAG Report
- CPITT Health and Wellbeing Report
- OH&SD Health and Wellbeing Report
- School Experience Report
- Physical Activity and Health Report
- Feeling Safe Report

Trends
- I enjoy my school
- How well does your school deal with bullying?
Export your data to make interesting comparisons

Wellbeing and Exercise (Oxfordshire Pupils 2019)

- High Wellbeing Score
- Average Wellbeing Score
- Below Average Wellbeing Score
- Low Wellbeing Score
Many thanks to all our partners and our funders

Full details are on the research team’s website:
https://www.psych.ox.ac.uk/research/schoolmentalhealth

See also our recent news item: